



SENIOR MEALS PROGRAM

Offering Café 60 & Meals On Wheels



Polly, a 73 year old widow, is feeling so much better because she gets out of the house to have a healthy meal with her new friends at **Café 60**. Now that she lives alone and has a lower income, she has to watch her grocery budget and doesn't cook full meals for herself.

Café 60 Dining Rooms serve meals in:

Eugene's NorthWest Neighbors, River Road Annex and Olive Plaza, Springfield, Coburg,

Creswell, Cottage Grove, Florence, Junction City, Oakridge and Veneta.

Laura lives alone and at age 88, is homebound with severe arthritis and heart problems, depends on **Meals on Wheels** to bring her main meal of the day. The friendly volunteer is the only visitor she has most days. She makes a small contribution for her meals but the cost of her rent and utilities continue to increase while her income is fixed so she has to watch her pennies.



The Senior Meals Program is dedicated to helping Lane County's elders maintain their independence by providing nourishing meals and essential human contact to as many of our older neighbors as possible through the Café 60 Dining Rooms and Meals on Wheels in as many Lane County communities as possible. Your help is needed more than ever.

Increasingly, the responsibility for funding meals through the Senior Meals Program falls to local community donors, like you, who make charitable gifts to the Senior Meals Program.

Please contribute today to help the Senior Meals Program continue to serve all those like Polly and Laura who need meals and companionship.

THANK YOU for YOUR SUPPORT!

