



Aging and Disability Resource Connection Vision

The Mission

To honor and support the desire of individuals with disabilities or who are aging to remain independent, healthy, safe and active in their home communities.

To provide services that promotes dignity, choice, personal responsibility and quality of life.

The Purpose

The Aging and Disability Resource Connection are a central source of information, assistance and access to community resources for older people and people with disabilities, as well as their families. Personalized assistance is available at the resource connection, over the telephone, or in visits to an individual's home.

The People

Individualized services are available to people who are elderly or who have a physical or developmental disability. The Aging and Disability Resource Connection are also available to help families and friends, caregivers, physicians, hospital discharge planners and other professionals who work with seniors and people with disabilities.

What We Do

- Provide a welcoming, attractive, accessible place where seniors and people with disabilities can go for any information, advice and help in accessing services.
- Provide one central source of reliable and objective information about a broad range of community resources of interest to seniors and people with disabilities
- Help people to understand the various long term care options available to them.
- Enable people to make informed, cost-effective decisions about long term care
- Help people conserve their personal resources, health and independence
- Reduce the demand for public funding for long term care by delaying or preventing the need for potentially expensive long term care
- Help people to apply for eligibility for programs and benefits, and use their communities' resources
- Serve as the single point of entry for publicly funded long term care.

Where to Learn More

A more complete description of the Aging and Disability Resource Connection and the service they can provide can be found at: **www.ADRCoforegon.org**